



Rhwydwaith
Cydgynhyrchu
Cymru

Co-production
Network
for Wales

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All in this together

Co-production: the essentials

Nothing about us without us

Ruth Dineen | Gordon Bell

Co-production Network for Wales

@copronetwales #coproduction

Today's Cunning Plan...

- **What it is / what it isn't.**
Co-pro and you: building on strengths
- **Spectrum of interactions**
Your experience: what works when
- **Why co-produce? What's the impact?**
brain/tea/loo break
- **When & when not? Complexity theory**
Co-pro and you: finding a fit
- **Measuring what matters**
Your experience: outcomes & outputs
- **Why co-produce? What's the impact?**
- **About the Co-pro Network**

introductions

Breakout groups set 1.

Name

Organisation

R1. Where are you at with co-pro right now?

knowledge, skills, experience, feelings, actions...

R2. What made you smile in the past week?

Round robin technique



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Co-production...

What (and what not)

definition & principles

Co-production definition

People & professionals
pool their resources -
*skills, knowledge, experience,
interests, passions, networks*
and work together as
equal partners.



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Co-production definition

People & professionals
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*skills, knowledge, experience,
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and work together
as **equal** partners.



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LAURA SORVALA

shared power and shared responsibility

What it's not...



5 co-production principles



**asset-based
people-centred**



**peer networks
work across silos**



**outcomes focused
doing what matters**



relationships of trust



from delivering to enabling

5 co-production principles



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from delivering to enabling



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Spot the principles...

organisational or team strengths

what do you do well?

what's the impact?

Round robin technique...



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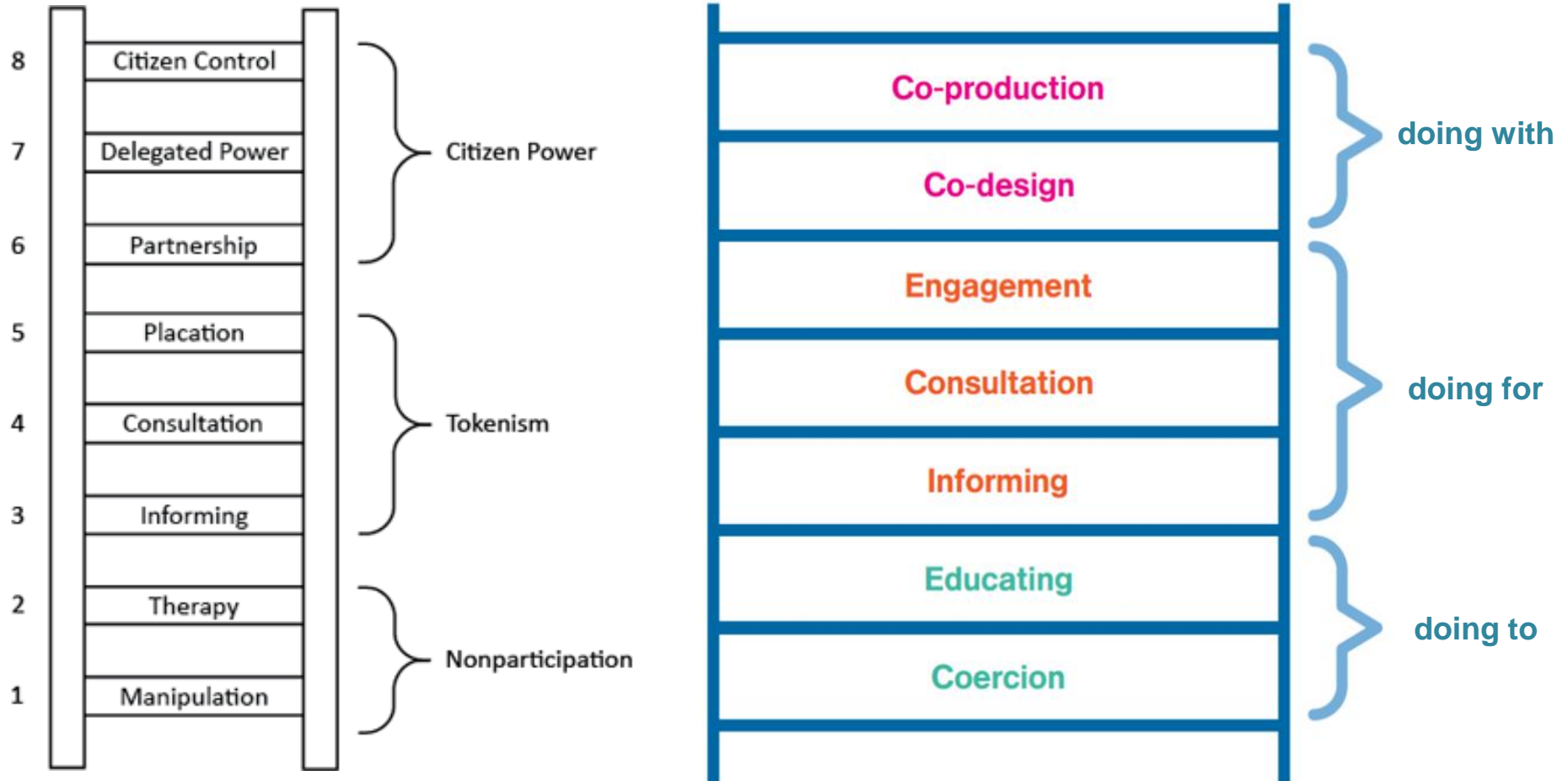
Co-production...

What (and what not)

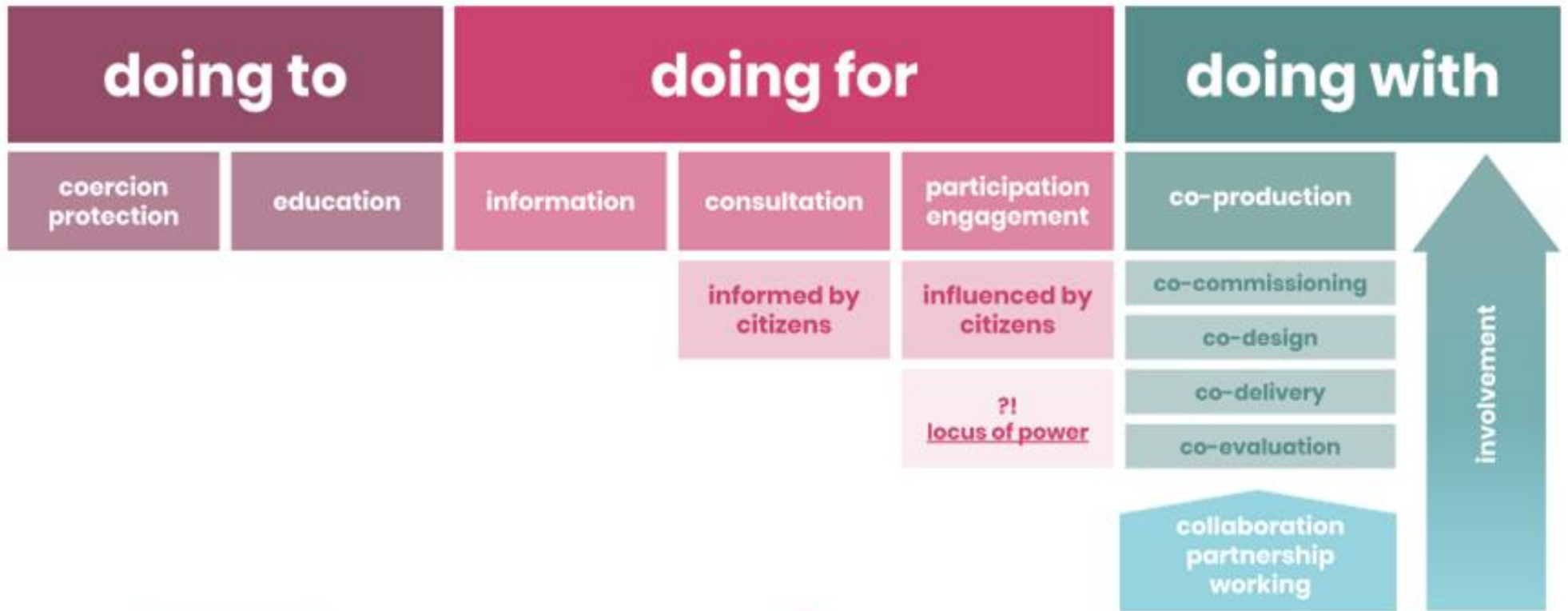
participation & engagement

Ladder of participation

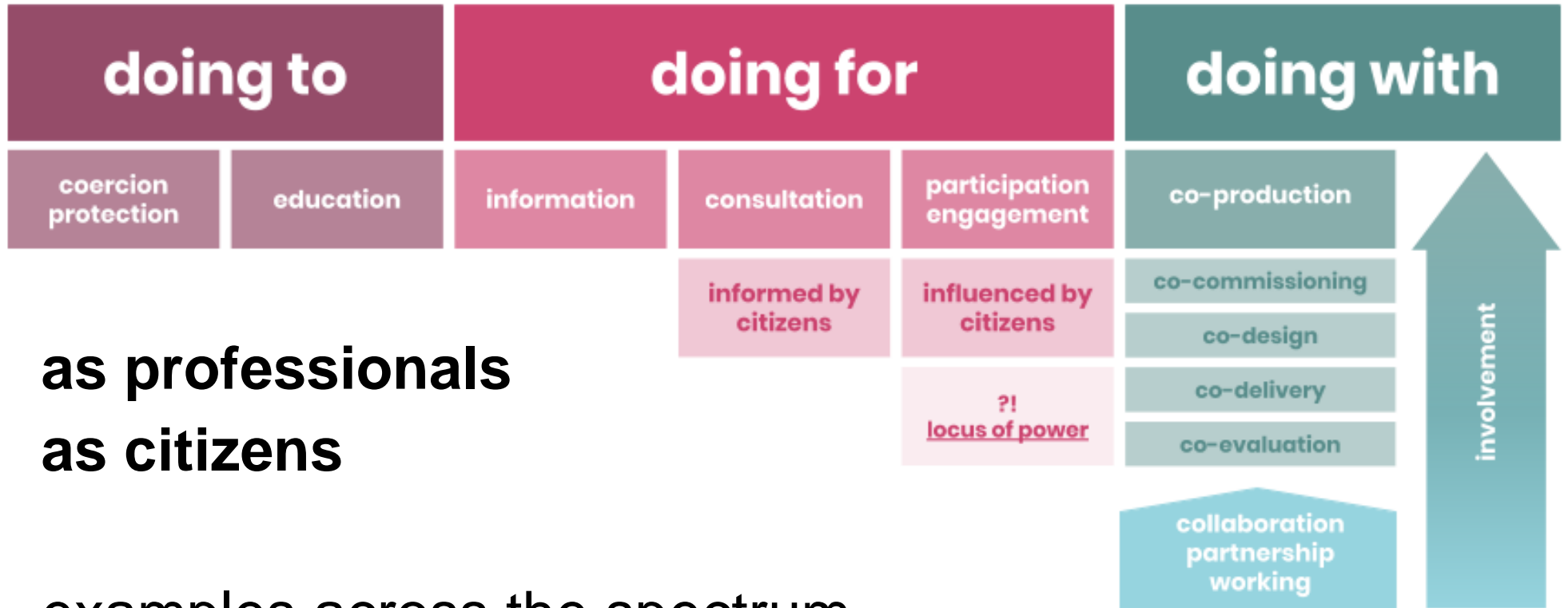
(Arnstein, 1969)



A spectrum of interactions



What's your experience?



as professionals
as citizens

examples across the spectrum...

pros / cons / impact / appropriateness

Chat-checker technique...



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Co-production...

In action: case studies

spot the principles
check the spectrum

ACE: Action in Caerau & Ely

Time Credits / Time Bank

31,000+ hours volunteering

80+ community groups

Community Ambassadors

Street Buddies

Community Health Strategy



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So what?



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Community Health Strategy

So what?

86% stronger networks

77% greater quality of life

60% healthier

26% less social care support



ACE: Action in Caerau & Ely

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So what?

86% stronger networks

77% greater quality of life

60% healthier

26% less social care support



50% of organisations report

improved services

same / fewer resources

It works on all levels

CITIZENS

- empowerment and ownership
- improved health and well-being
- stronger, more cohesive communities



STAFF

- more relevant and effective services
- happier, more fulfilled staff



ORGS

- healthier organisations
- sustainability and value for money



time for a break!

introductions

Breakout groups set 2.

Name

Organisation

What will stick so far?

What's been interesting / unexpected /
confirming / challenging?

Round robin technique...



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Co-production & complexity theory

When (and when not)

what's the problem?

Co-production and complexity



simple

documented process
little/no training
linear & predictable

Co-production and complexity



simple

documented process
little/no training
linear & predictable



complicated

documented process/planning
training / specific skills
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no definitive answer
networked adaptive systems

Co-production and complexity



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no clear path
rapid action / adapt
+ distributed & local

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networked adaptive systems

no clear path
rapid action / adapt
+ distributed & local

best practice

good practice

emergent practice

new patterns appear

just do it

call in the experts

gather the people

hide in the attic



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Co-production...

**start from where people are
create the conditions**

Pyramid of Relevance

start from where the people are



Afon Youth Forum



- **anti-social behaviour**
- **intergenerational relationships**
- **sexual harassment & gender equality**
- **transition housing**

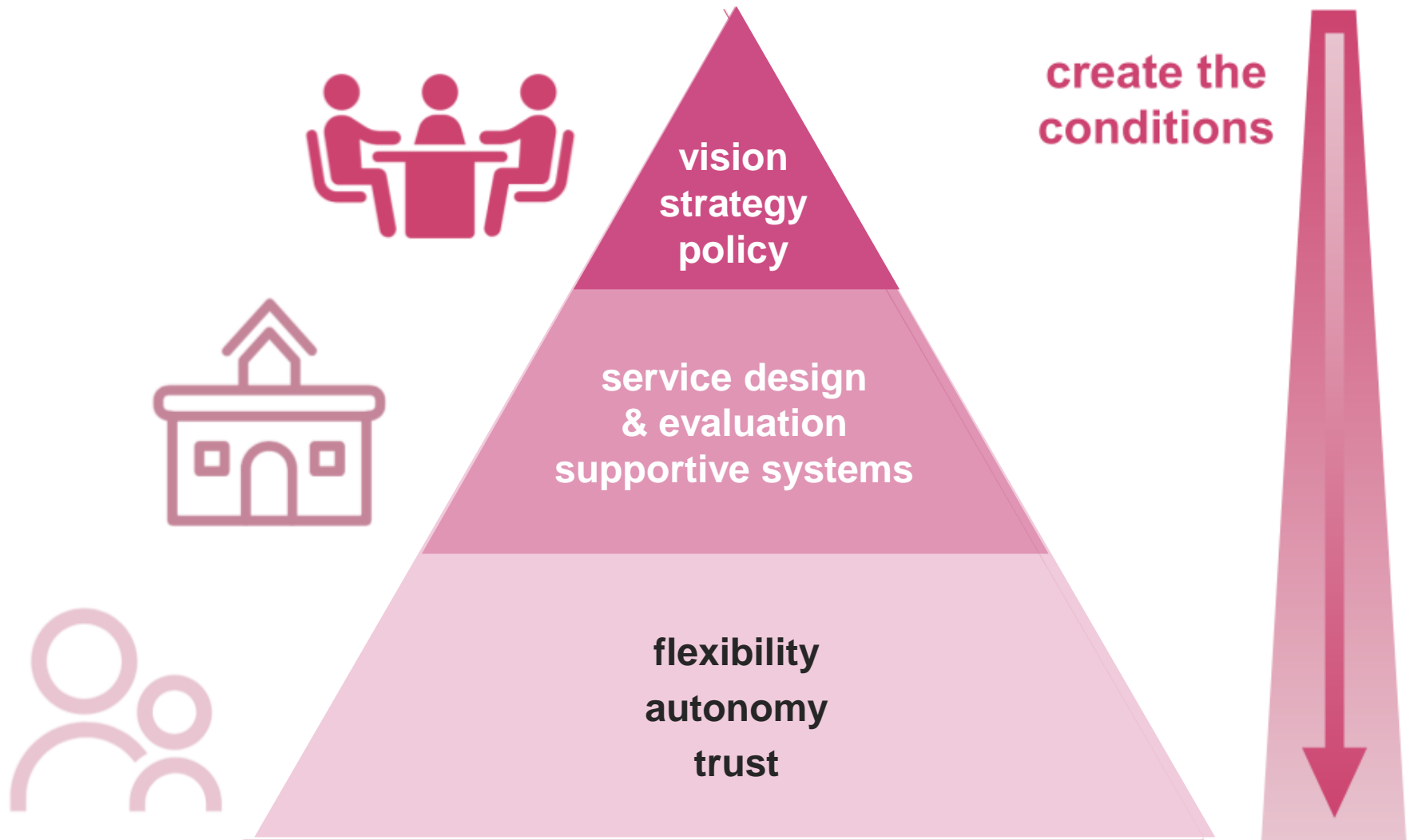
Afon Youth Forum

Own 2 Feet
Trade that Works
Tŷ Cyfle - transitional
housing



- co-produced Own 2 Feet training programme
- refurbished a derelict property through apprenticeships
- 40% of participants > sustainable employment
- co-produced Allocations & Management policy/systems
- **61% failed tenancies > 100% successful tenancies**

Create the conditions...



S.U.N. service user network group



- **A&E use** down 30%
- **planned hospital admissions**
down from 725 > 596
- **unplanned hospital admissions**
down from 414 > 286
- **hospital bed day use**
down by 50%

Q. How come?

A. Check the principles!



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Co-pro & you: find the fit

What could you do? What can you build on?

Where are the open minds & open doors?

What needs to change – who can help?

Share experiences, share solutions...

Chat-checker technique

Measuring what Matters

from outputs to personal outcomes



inputs – *what we invest*

outputs - *what the system produces*

outcomes - *the impact it has / the difference it makes*

personal outcomes – *who decides*

Measure the right things in the right way

Ask the right questions – what matters
of the right people – citizens, staff, partners
at the right time –

set baseline, track changes, keep learning

*If you don't measure what's important,
you make what you measure important.*



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outputs, outcomes, personal outcomes...

What are you measuring now – and why?

Measuring to tick the box / hit a target?

Measuring to learn & improve?

Measuring to engage / build relationships?

Measuring to persuade?

Share good practice...

Chat-checker technique



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Co-production...

In action: case studies

principles . spectrum

problem type & response

outputs & outcomes & personal outcomes

shared power / shared responsibility

Family by Family



so how do link ups happen?

1. families choose what they want to change.

- we'd like to improve our kids' behaviour
- we'd like to learn better budgeting
- we'd like to get out and about more

1 professional : 100 children
1,500 families helped to date
savings 7:1

90% report 'heaps better'



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Co-production...

because it works

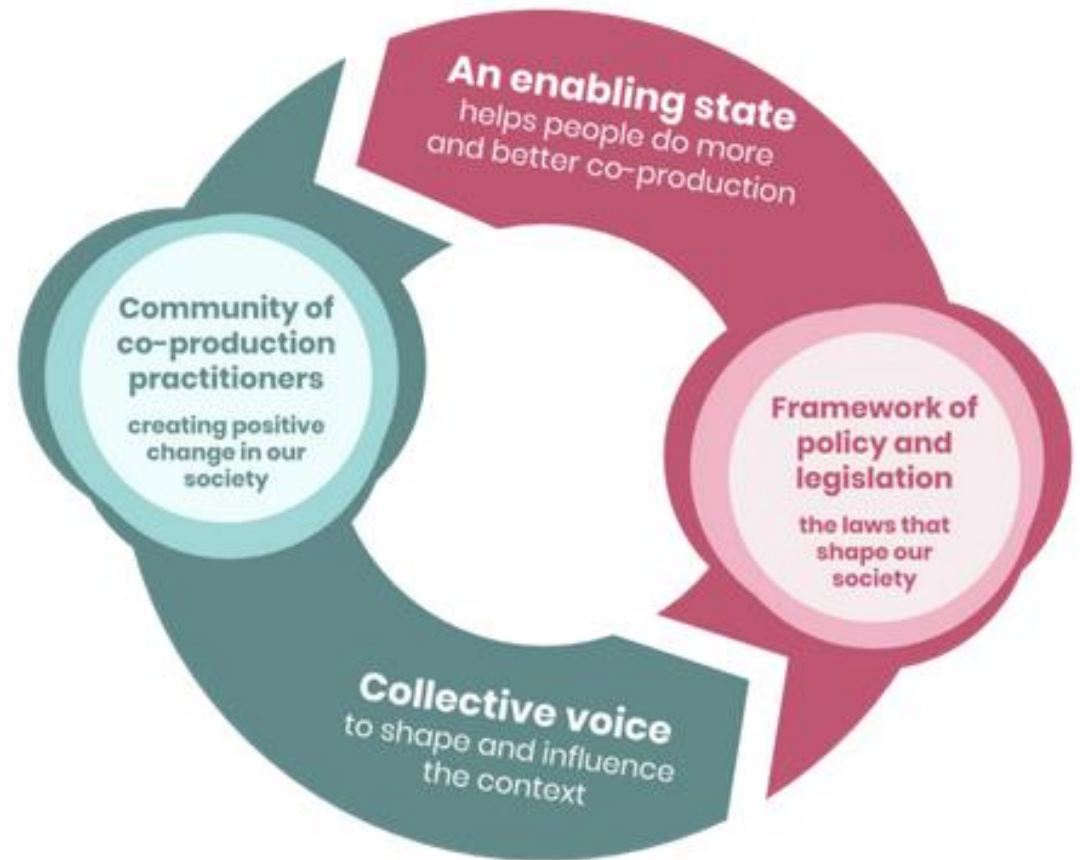
because people deserve

to thrive, not just survive

What next?

Join the Network!

experience
knowledge
resources
support
events
training
meet-ups
newsletter



... a community of practice

THANK YOU
for your participation...



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<https://copronet.wales/>