

Nurture Development

Development - Redefined

ABCD

Health & Wellbeing

Cormac Russell

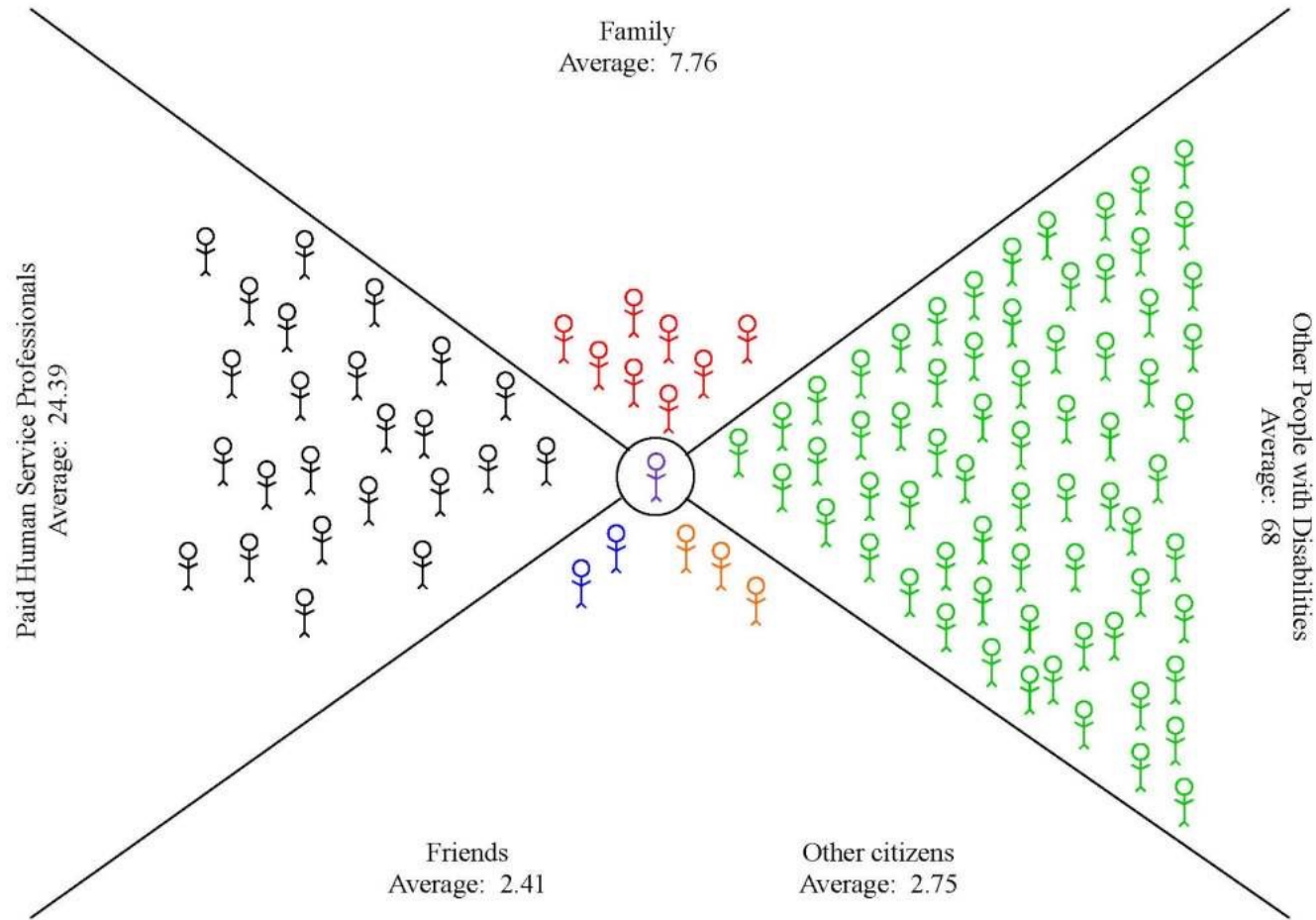




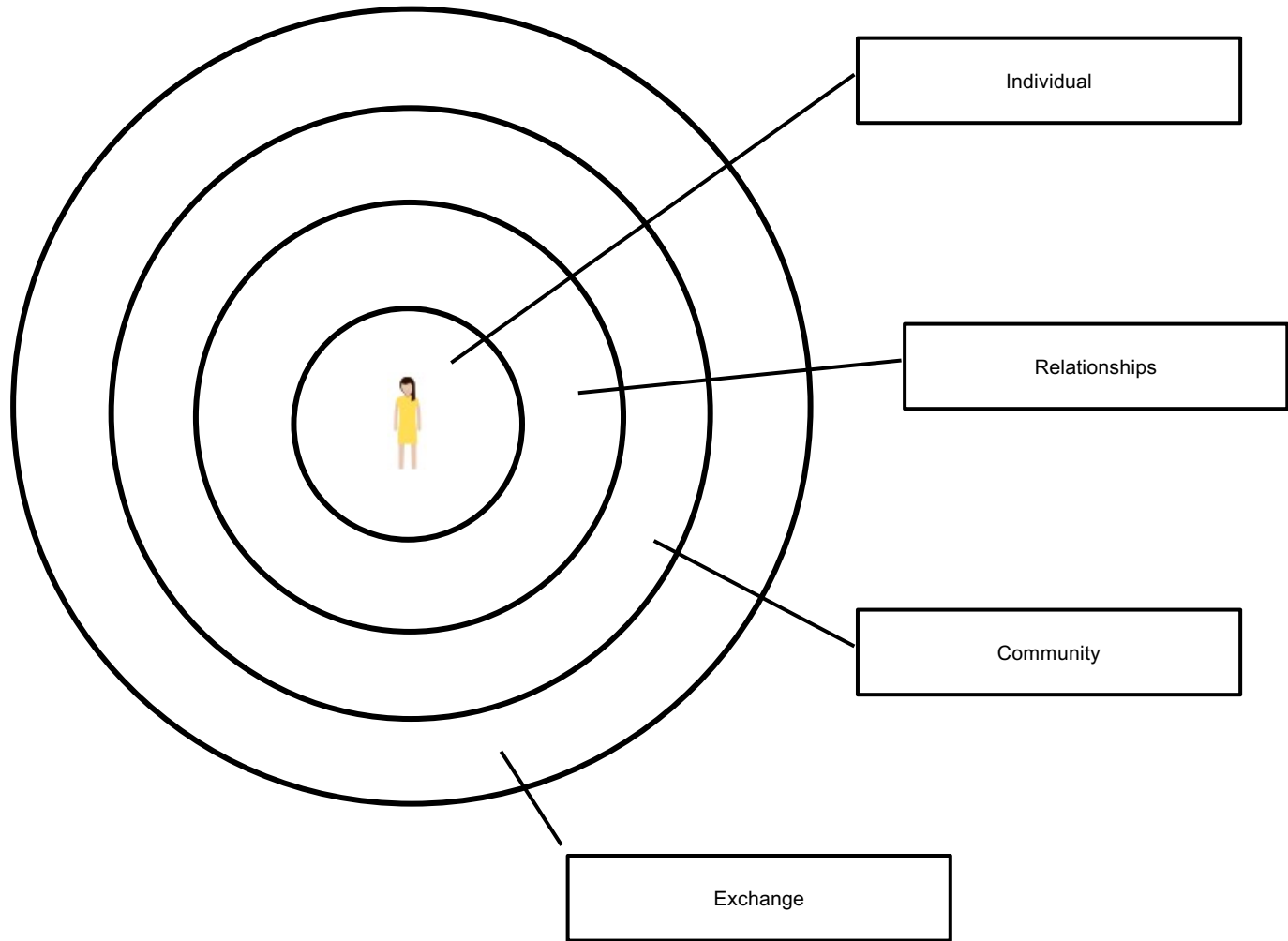
The Challenge: 51 People & The Humpty Dumpty Effect

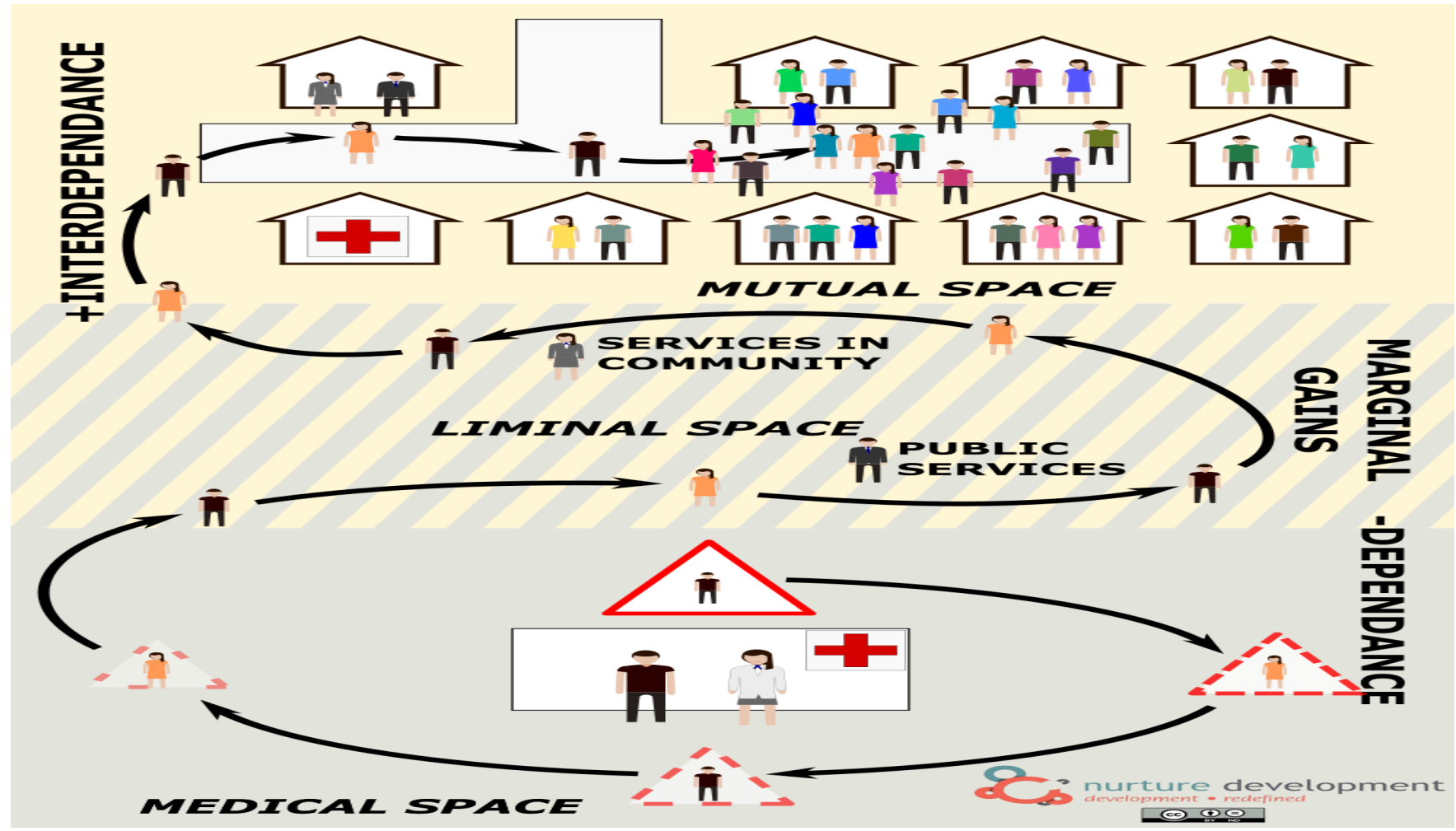


51 People with disabilities



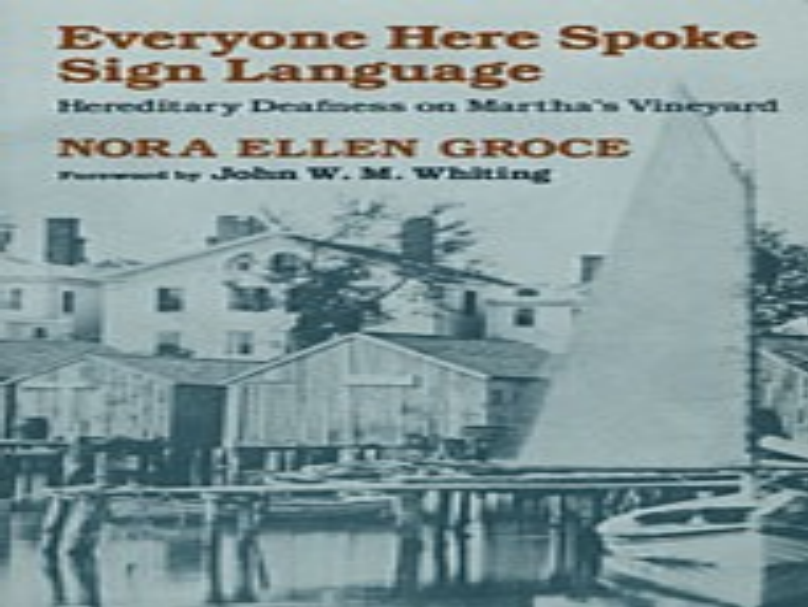
Note: 9 of the 51 people had only paid human services professionals and other people with disabilities in their circles.







The Goal: From Martha's Vineyard to Judith Snow



Everybody Here Spoke Sign Language



Judith Snow- A Phenomenal Woman

“4 x more likely to find work through friends than through Job Centre”

Brook, K Labour Market Participation,
the influence of social capital.
ONS/Labour market trends

“Stronger neighbourhoods have significantly less crime”

Sampson, R (2013) When disaster strikes,
it's survival of the sociable.
New Scientist 2016 (May)

“Living in a supportive community increases our chance of good health by 27%”

Gilbert, K. Quinn, S. Goodman, R. Butler, J.
and Wallace, J. (2013) A meta-analysis of social
capital and health: a case for needed research.
5 Journal of Health Psychology 18 (11) 1385-99.

“Across the whole of Somerset emergency hospital admissions rose by 29% during the three years of the study. In Frome (the site of the project to combat isolation) they fell by 17%”

The town that's found a potent cure for illness – community
Monbiot, G. The Guardian 21/3/18

What **Makes** Us Healthy



What We **Spend** On Being Healthy







Source: new economics foundation

Done
To

Done
For

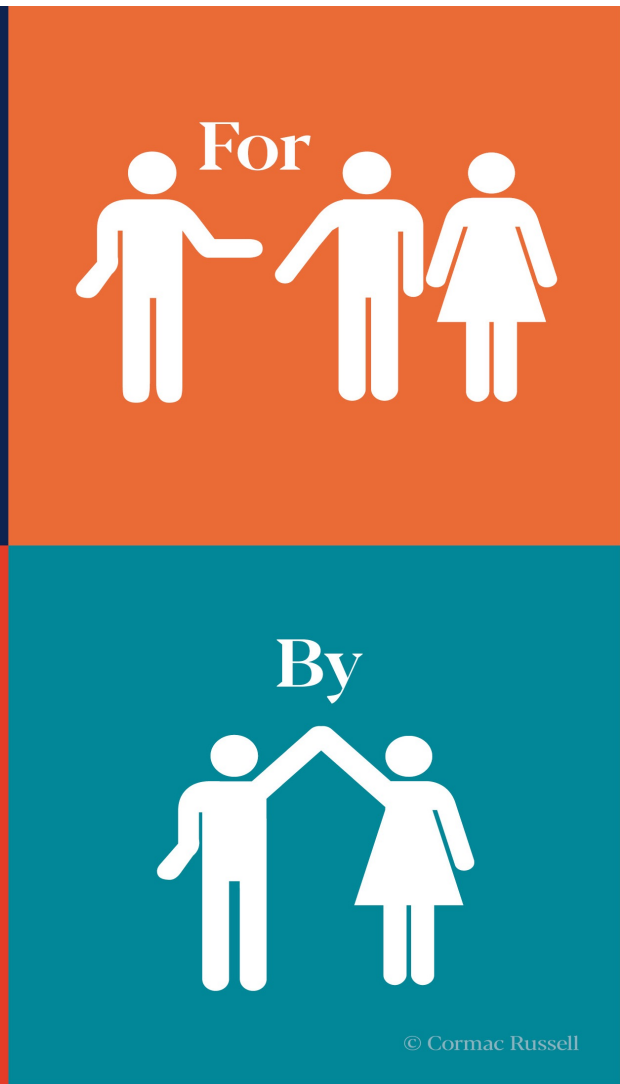
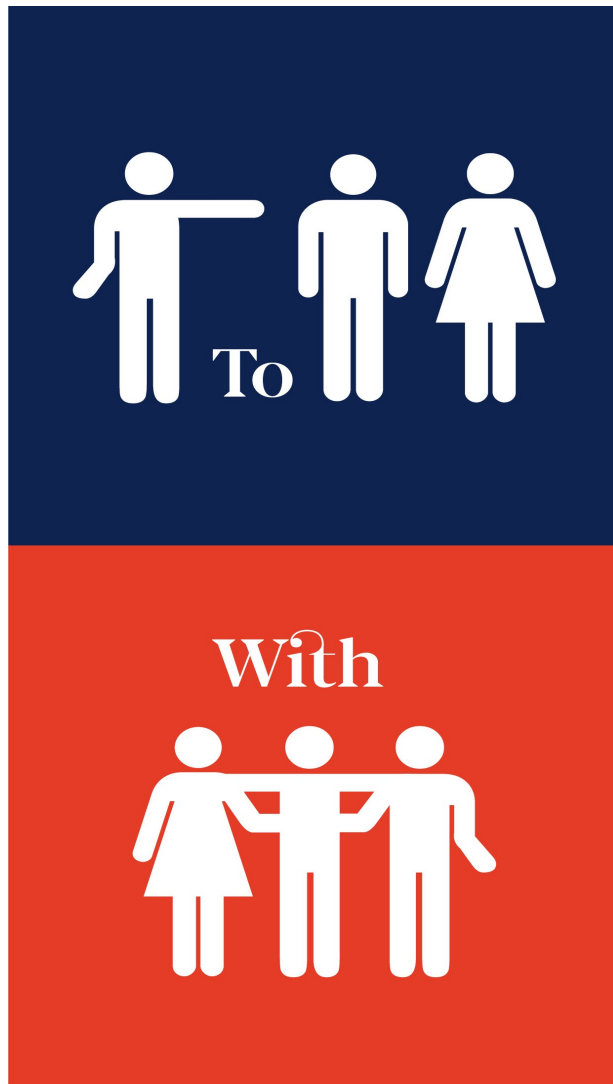
Done
With

**Done
To**

**Done
For**

**Done
With**

**Done
By**





To

Local authority and Police
set up a 'youth at risk'
programme

For

Charity recognises a need
in the community and
sets up 'street soccer'

Summer holiday dilemma

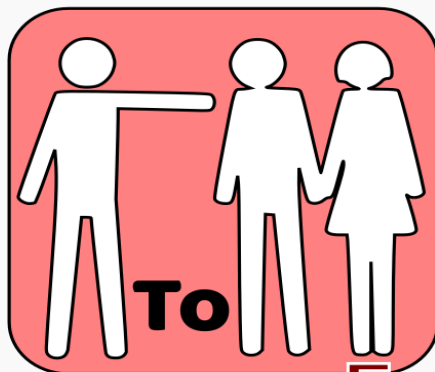
With

Community Development
worker funds and supports a
local community group to set
up a formal summer
programme to entertain kids

By

Some local Dads & Moms
take a football down to
the park and get kids
playing soccer, which
eventually grows into a
summer league.

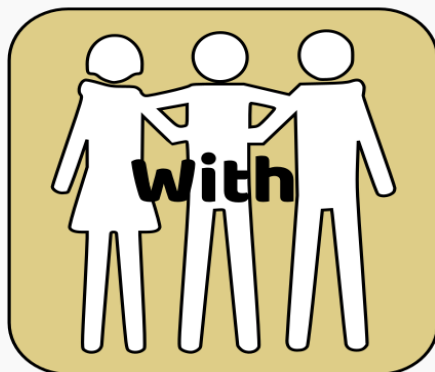
**“Everything done,
is to us &
without us.”**
(Medical Model)



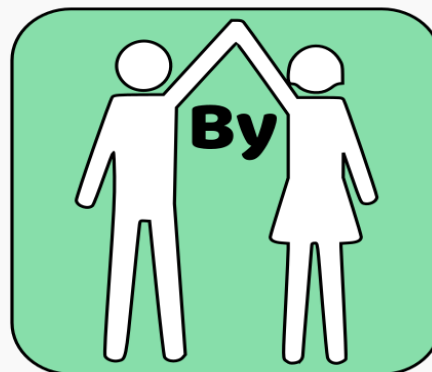
**“Everything done,
is done for us;
without us.”**
(Charity Model)

Expert

**“Nothing for us,
without us.”**
(Social Model, Advocacy,
Co-design/Co-production/
Asset-based Approaches)



Gapper



**Alongsider/
Animator**

“Done by Us for Us.”
(Asset-Based Community
Development)

ABCD PRINCIPLES

1.
What is it that
communities
can do best?

2.
What do communities
require help with?

3.
What do communities
need outside agencies
to do for them?

Linebackers



Creating Space

Presence to Citizenship



Community Building

