

Emergency Assessment

Ask. Assess. Act

Match the care to the need
Right Care. Right Time. Right People

Specialist Perinatal
Mental Health Services
Perinatal Mental Health
Teams & Inpatient Provision

Active
Listening

GP/Primary Mental
Health Support
Service/Community/
Adolescent Mental
Health Teams

Watchful Waiting

Universal

You will be ASKED - How
are you feeling today?



You may need to be asked more questions
about how you are feeling, so that you can
decide how we can support you

Level 1

Level 2

Level 3

Level 4

Level 5

This is to make sure that you and
your family are offered the **right**
support for you at the **right time**

If you need an assessment now, we will make sure that the
right people are contacted.

We will stay with you and make sure that **you** are **supported**.

If we are not with you, we will need to ask where you are,
who is with you or who could be called to support you.

We will then let other people working with you know what
support you will need and **what is in your plan**.