



AWMGS

Prostate cancer – mainstream genomic testing

Siân Nisbet

Consultant Genetic Counsellor

Mainstreaming genomic testing

- Genetic/genomic counselling performed by non-genetic healthcare professionals
- More access to testing for patients who may benefit
- Testing earlier in the patient journey may alter the options that may be available

National Test Directory – R430 criteria

Mainstream

- Proband diagnosed with prostate cancer <50yrs
- Ashkenazi Jewish ancestry and prostate cancer at any age
- Proband diagnosed with metastatic prostate cancer <60yrs

Clinical Genetics

- Proband diagnosed with prostate cancer with a family history of prostate cancer, where estimated likelihood of identifying a pathogenic variant in the relevant target genes is at least 10%

Clinic appointment

Does patient have:

- Prostate cancer <50yrs?
- Ashkenazi Jewish ancestry and prostate cancer at any age?
- Metastatic prostate cancer <60yrs?

Yes

No

R430 Mainstream testing pathway

R430 prostate cancer genomic testing offered
Points for discussion in checklist.

Testing declined

Testing
accepted

Send completed request forms with EDTA
blood sample to genetics laboratory – see
checklist (next slide)

Results

Requesting team to discuss result with
patient, as agreed

*Is there a Pathogenic Variant, likely
pathogenic or a Variant of unknown
significance present?*

No

Yes

Referral to genetics

- Email completed 'accelerated referral' form to AWMGS with copy of variant report (email address for local team on form)
- Advise patient they will be contacted within two weeks to arrange an appointment if they have a pathogenic/likely pathogenic variant.

Does patient have a family history of
breast/ovarian/prostate cancer that meets the
AWMGS referral guidelines?

Yes

No

For management
by specialist team

- On-going management by specialist team
- Referral to genetics**
- Discuss referral to genetics with patient
- Referral letter with details of family history – post or email to Se.Genetics@wales.nhs.uk
- Advise patient they will be contacted by AWMGS

M218.1/R444.2 – prostate cancer gene testing and PARP inhibitors

- If patient meets the criteria for PARPi, should use M218.1/R444.2 indication first.
 - R430 will only look for germline variants

R444.2 Prostate Cancer

Metastatic, castration-resistant prostate cancer where somatic tumour testing (M218.1) has failed.

Prostate cancer genes – current R430 panel

Gene	Associated cancers
BRCA1	Breast & ovarian
BRCA2	Breast, ovarian, prostate, pancreatic
PALB2	Breast, pancreatic, ovarian
CHEK2*	Breast, prostate, colorectal
ATM*	Breast, prostate, other risks undefined
MLH1	Lynch syndrome
MSH2	Lynch syndrome
MSH6	Lynch syndrome

Patient discussion

- Reason for offering test
 - Including potential implications for relatives
- What does the test involve?
 - Including turn around time
- Possible outcomes
- Potential implications for patient
- Turnaround time for results

What does the test involve?

- Blood sample – one 4ml EDTA tube is sufficient
 - Include on the test request form the R number for the panel – R430
 - Include the criteria the patient meets
- TAT for panel is currently 4 months

Currently the only formal agreement for testing to be expedited is where chemotherapy treatment must commence within a set timeframe

Lab request form

Genetic Diagnostic Laboratory


Chromosome / FISH analysis: Lithium heparin (5mls*)
 Molecular investigations: EDTA (5-10 mls*)
 Prenatal investigations: See over*

For enquiries, please call (029) 2074 4023

ImmunWorkings Europe Ltd

LGSFW RF
Version 01/18

PLACE LABELLED SPECIMEN IN BAG
REMOVE PROTECTIVE STRIP, FOLD FLAP
ONTO BAG AND SEAL FIRMLY

LABORATORY GENETICS SERVICE FOR WALES					
(Please apply patient label if available)		Hospital	Family Number (Clinical Genetics)		For Lab. use: Cyto No. _____ DNA No. _____ Sample(s) Volume(s) EDTA _____ Heparin _____ Other _____ Date of receipt: _____ Time of receipt: _____ Date request activated: _____
Name of Patient: 		Ward / OP Clinic	Consultant/GP (Block letters)		
Address: _____		D.O.B.	Requested by: (Block letters)	Bleep No.	
Postcode: _____		SEX	Signature	Additional copies of results to:	
NHS / Hospital Number: _____		Specimen		Danger of infection? <input type="checkbox"/> Y / <input type="checkbox"/> N	
Provisional diagnosis		Investigation(s) required (Please circle and write details of test below)		Sample collection	
		<input type="checkbox"/> DNA / Chromosome <input type="checkbox"/> FISH <input type="checkbox"/>		Date / / Time: _____	
		Details of test: R430 panel		<input type="checkbox"/> NHS / Private <input type="checkbox"/>	
		Signed consent for test (see over)		/ Research (circle) <input type="checkbox"/>	
Relevant clinical details (If family history available – see over).			Additional information required before culture / analysis:		
For R430 panel Prostate cancer <50					
For Prenatal samples:			Linked Nos.:		
Operator (Person taking sample)					
Gestation:	LMP:				
Analysed by: _____			Date report issued: _____		
Checked by: _____					
<p>Please forward sample to: Genetic Diagnostic Laboratory, Medical Genetics Service for Wales University Hospital of Wales, Heath Park, Cardiff, CF14 4XW</p> <p style="text-align: right;">TO AVOID DELAY PLEASE FILL IN ALL DETAILS LEGIBLY AND ACCURATELY</p>					

FCN648317-00

Possible outcomes

- Pathogenic/likely pathogenic variant
 - Likely explanation for patient's diagnosis +/- family history
- No variants detected
 - Does not completely exclude there being a genetic explanation for patient's diagnosis +/- family history
 - If patient meets AWMGS referral criteria, referral should be offered
- Variant of unknown significance
 - Variant identified in a gene, but laboratory are unable to clarify whether it would explain patient personal +/- family history

Potential implications for relatives

- Testing for relatives
 - Only if a pathogenic/likely pathogenic variant detected
- Risk management options
 - Screening may be recommended depending on family history
 - Risk-reducing surgery may an option
- Referral to Clinical Genetics
 - If patient meets AWMGS referral criteria (as per pathway)

GeNotes - [GeNotes: Genomic notes for clinicians | GEP | Health Education England | NHS \(hee.nhs.uk\)](#)

- In Clinic
 - Short scenarios that guide clinicians through testing process
- Knowledge Hub
 - Concepts
 - Condition specific information

Genomics - CPD

- Introduction to Genomics in Healthcare – HEIW
 - Y Ty Dysgu e-learning platform – free to NHS staff
 - ytydysgu.heiw.wales

- Genomic Medicine modules

- | | |
|--|---|
| <ul style="list-style-type: none">• Genomics of common and rare inherited diseases• Application of genomics in infectious disease• Omics techniques and technologies and their application to genomic medicine | <ul style="list-style-type: none">• Molecular pathology of cancer and application in cancer diagnosis, treatment and monitoring• Introduction to the counselling skills used in genomic medicine• Bioinformatics, interpretation and data quality assurance in genomic analysis |
|--|---|

